

# My choices, helping you get involved in your community

## My choices...

- I choose how to take part in my community
- I choose how I am supported
- I have the same rights and responsibilities as other citizens
- I have choice and control over my life

Whatever you want to do, we can help...

If you need support we can help you explore a wide range of opportunities that are right for you



Some of the areas we can help are:

- Friendship making
- Sport & Leisure
- Work & Learning
- Travel

## Why choose Aspire...

- We go to great lengths to match you with the right staff
- We guarantee that you will always get a known support worker
- We go the extra mile to make sure you get more out of life

We can help you explore choices that are right for you. For more information and pricing where applicable, please contact Aspire. See overleaf for details.

# MY CHOICES

Helping you get involved in your community



Aspire



*“The flexibility of the scheme is a main attraction”*

Mother of Service User

To develop, enable and **improve** opportunities in all areas of **life** for people with a learning disability, their families and carers.

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*‘All Aspire staff are highly trained and subject to a CRB check on employment’*



Aspire

Choices for Living

Aspire Living Ltd Registered Charity No: 1024904