

Giving you choice of when and how we deliver your care

We can deliver the following services for you...

- Maintaining your health and well being
- 24 hour care
- Cooking and cleaning
- Shopping for groceries
- Personal care; such as bathing and dressing
- We can help you with your laundry, washing and ironing



Why choose Aspire...

- We are a flexible service that provides you with a choice of who supports you, when & how
- We are flexible with which activities you'd like to do
- We provide you with choice
- We are committed to helping you get the service you want, when you want it
- In addition, we guarantee to review the service with you four times a year. We can give you as much support as you need

We can help you explore choices that are right for you. For more information and pricing where applicable, please contact Aspire. See overleaf for details.



MY HOME CARE

Giving you choice of when and how we deliver your care

Aspire



“They’ve kept on helping me and if it wasn’t for them I don’t know where I’d be now”

Adrian
Service User

To develop, enable and **improve** opportunities in all areas of **life** for people with a learning disability, their families and carers.

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‘All Aspire staff are highly trained and subject to a CRB check on employment’



Aspire

Choices for Living

Aspire Living Ltd Registered Charity No: 1024904