

Supporting you to live your life, in the way you choose

Activities...

We can support you with the following:

- How to look after your money and benefits
- How to be safe in your home
- How to access healthcare services
- How to keep your home clean and tidy
- How to cook
- How to keep in touch with family and friends
- How to access services such as college
- How to manage your post



Why choose Aspire...

- We are a flexible service that provides you with a choice of who supports you, when and how
- We regularly review your service with you to make sure you are getting the support you need
- We have over 25 year's experience of successfully supporting people with learning disabilities and complex needs



We can help you explore choices that are right for you. For more information and pricing where applicable, please contact Aspire. See overleaf for details.

MY INDEPENDENCE

Developing and maintaining my independence

Aspire



“It’s thanks to Aspire that I’m getting more confident each day”

Brian
Service User

To develop, enable and improve opportunities in all areas of life for people with a learning disability, their families and carers.

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All Aspire staff are highly trained and subject to a CRB check on employment



Aspire

Choices for Living

Aspire Living Ltd Registered Charity No: 1024904