

My Music Gym - Something Different

What can you do in the Music Gym...

- A fully interactive place where you can control the music, pictures and sounds with one touch
- Explore a maze where there is something exciting at every turn
- Dance on colourful squares to make music
- Bounce on a castle to control the music
- Touch a soundbeam to create noises
- Feel vibrations through special seats



Why choose Aspire...

- We offer a safe place for you to have fun
- We offer the use of our exciting equipment
- We use music and colourful objects to help you relax
- We offer a thrilling experience for you to enjoy and come back time and time again

We can help you explore choices that are right for you. For more information and pricing where applicable, please contact Aspire. See overleaf for details.

MY MUSIC GYM

Something Different



"I'd come every Saturday all day if I could"

Lauren
Music gym attendee

To develop, enable and **improve** opportunities in all areas of **life** for people with a learning disability, their families and carers.

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'All Aspire staff are highly trained and subject to a CRB check on employment'

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Aspire

Choices for Living